

# LEISURE POOL

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<b>Adult Swim</b> 5:30-9 am	<b>Adult Swim</b> 5:30-10 am	<b>Adult Swim</b> 5:30-9 am	<b>Adult Swim</b> 5:30-10 am	<b>Adult Swim</b> 5:30-10 am	<b>Adult Swim</b> 8 am-Noon
<b>Aqua Strength &amp; Flex</b> 9-10 am	<b>Family Swim</b> 10am-12 pm	<b>Aqua Strength &amp; Flex</b> 9-10 am	<b>Family Swim</b> 10am-12 pm	<b>Family Swim</b> 10am-12 pm	<b>Open Swim</b> Noon-5:30 pm
<b>Family Swim</b> 10am-12 pm	<b>Adult Swim</b> 12-1 pm	<b>Family Swim</b> 10am-12 pm	<b>Adult Swim</b> 12-1 pm	<b>Adult Swim</b> 12-1 pm	<b>SUNDAY</b>
<b>Adult Swim</b> 12-1 pm	<b>Open Swim</b> 1-8 pm	<b>Adult Swim</b> 12-1 pm	<b>Open Swim</b> 1-8 pm	<b>Open Swim</b> 1-6:30 pm	<b>Open Swim</b> Noon-5:30 pm
<b>Open Swim</b> 1-8 pm		<b>Open Swim</b> 1-8 pm			

## Lifeguards are on duty:

- Monday-Thursday, 1-8 pm
- Friday, 1-6:30 pm
- Saturday & Sunday, Noon-5:30 pm

The slide, vortex, and current channel may be open limited times Monday through Thursday from 1-8pm, Fridays from 1-6:30pm, and Saturday and Sunday 1pm-5pm and only when lifeguards are on duty.

## Aqua classes are for members 14 years and older.

- **Aqua Strength & Flex:** Is geared to improve balance and mobility by working in the warmer water.

Family Swim is open for kids under the age of 14 but must have a parent or guardian in the water within arms reach.

Adult swim is for members 14 years and older and is not supervised by a lifeguard.

Open swim is for all ages. Children 9 and under must be with a parent or guardian.

Contact Calen Bristow with inquires at [Calen@mtparkhoa.com](mailto:Calen@mtparkhoa.com).

